***APA Style***

***Parenthetical Citations and Reference Page Formatting***

APA Style is widely used in the social, behavioral, and health sciences. APA style makes it easy to locate important ideas and findings in research, and establishes *author credibility* through the citation of authoritative research sources.

**APA Style consists of:**

**1) *In-text citations****:*

* In-text citations are brief references in your text that direct readers to the *reference page* at the end of the paper.
* Use in-text citations whenever you ***quote*** or ***paraphrase*** someone else’s ideas or words.
* APA uses the *author-date* method of in-text citation. List the *author's last name* and *year of publication* for the source in your text.

There is a correlation between social media and anxiety **(Parker, 2019)**.

**Parker (2019)** cites a correlation between social media and anxiety.

* If you are *quoting* a specific passage of text, include a *page* or *paragraph number*.

There is a “definite correlation between social media and anxiety.” **(Parker, 2019, p. 32)**

* View this *quick* [*video*](https://youtu.be/opp259YvaoE) for a more complete explanation of in-text citation.

**2) *The Reference Page*:**

* Lists a *complete reference* for each source under the title “References.”
* Appears at the end of your paper (after the main body and before any appendices).
* Lists sources *alphabetically* by *author*, *organization* or *title* if no author is given.

**\*\*\* Citing an online article? Website? Book?**

**View this** [***Citation Generator***](https://www.scribbr.com/category/apa-style/#goto-references) **to learn how to cite in every format!\*\*\***

**For further guidance:**

[**Author-Date: Sample Citations**](https://guides.library.unr.edu/apacitation/in-textcite)

[**Reference List: Basic Rules**](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/reference_list_articles_in_periodicals.html)

[**APA Student Sample Paper**](https://apastyle.apa.org/style-grammar-guidelines/paper-format/student-annotated.pdf)

***APA Style***

***Documenting Tables and Figures***

Referencing visual media such as tables and figures can make your research paper more credible and engaging.

***Tables*** are visual displays composed of columns and rows in which numbers and/or text are presented. Click here for [*sample tables*](https://apastyle.apa.org/style-grammar-guidelines/tables-figures/sample-tables).

***Figures*** are any visual display *other than tables*. They include charts, graphs, infographics, maps, photos, artwork, etc. Click here for[*sample figures*](https://apastyle.apa.org/style-grammar-guidelines/tables-figures/sample-figures).

Tables and figures follow similar set up and formatting in APA.

**General Guidelines for Tables and Figures**

* **Number tables and figures sequentially** as you refer to them in the text (Table 1, Figure 3, etc.).
* Figures and tables **must be mentioned, or “called out,”** in the text before or afterthe table or figure. Do not refer to them as “The table above,” or “The figure below,” but **by their number**.

*Examples:*

Table 1 presents the response of the study’s participants …

Participants evaluated the difference in quality between three products (see Figure 5).

* When **reprinting a table or figure exactly from another source**, acknowledge the source in an **in-text citation** and in the **reference list** according to APA Style.

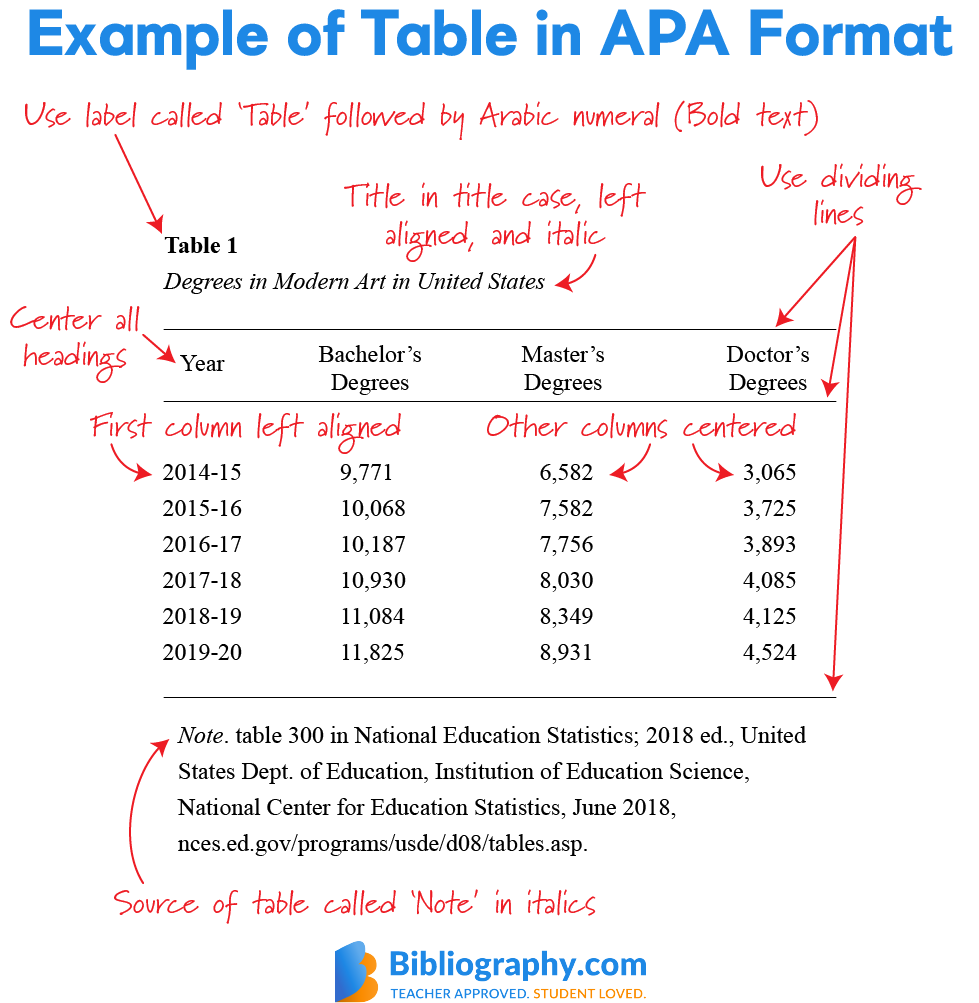
*Example:*The infographic in Figure 3 (Smith, 2015, p.83) shows that …

* **When including the source in the reference list**, follow the format for the source type you took the table from (article, web site, video, etc.).

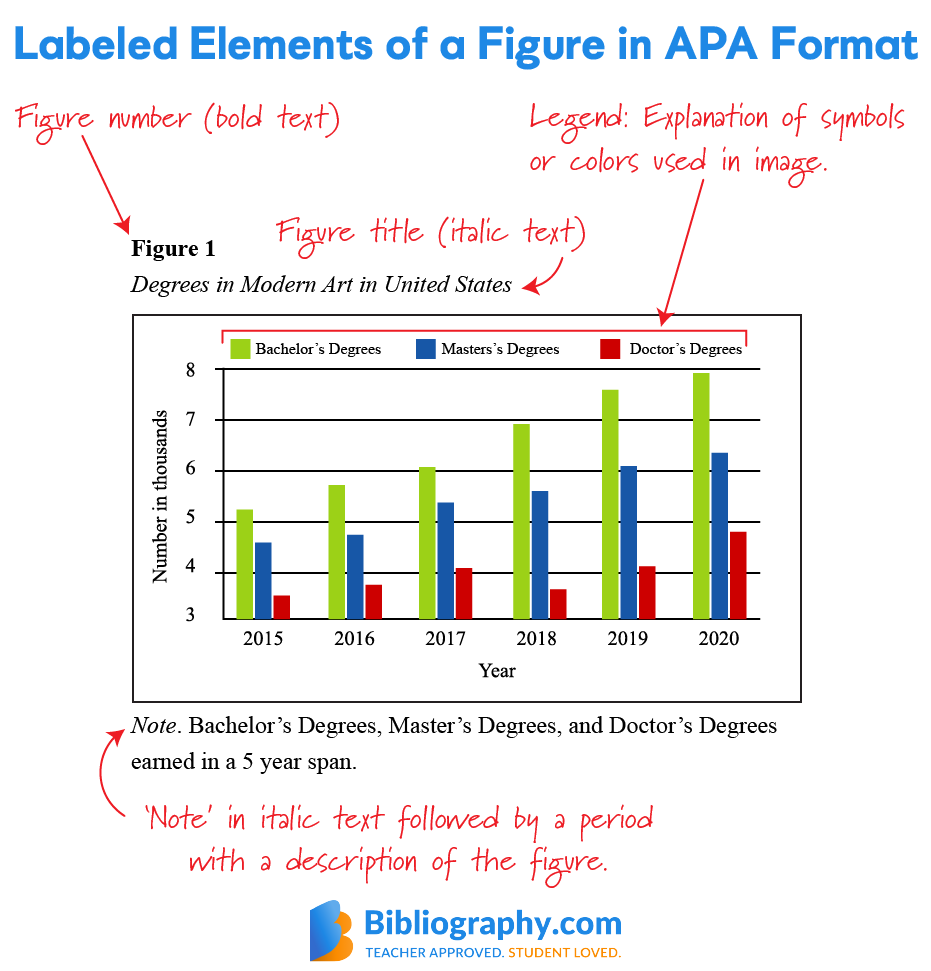
*Example:*

Smith, I. (1991). The theory of planned behavior. Organizational Behavior and Human Decision Processes, 50(2), 179–211. <https://doi.org/10.1016/0749-5978(91)90020-T>

* As well as a citation and reference, when you reproduce a table or figure in your work, **you need to acknowledge a source in a note directly below it**.
* State if the material is **reprinted** exactly or **adapted - use “From” if reprinted or “Adapted from” if adapted.**  Follow with **source information** (title, author, etc.). Include a c**opyright note** for reproduced images as seen below.







**Example of Stock Image in APA Format**

Figure 1

*Lava the Sled Dog*



*Note*. From *Lava* [Photograph], by Denali National Park and Preserve, 2013, Flickr

(<https://www.flickr.com/photos/denalinps/8639280606/>). CC BY 2.0.

* For further information about citing tables, click here:

[Tables](https://www.bibliography.com/apa/apa-table-guidelines-made-simple/)

* For further information about citing figures correctly, click here:

[Figures](https://www.bibliography.com/apa/using-apa-figures-correctly/)

* For more examples of audiovisual media, click here:

[Audiovisual Media](https://apastyle.apa.org/style-grammar-guidelines/references/examples#audiovisual-media)

* For further information on how to set up your paper, consult the

[APA Style Student Paper Setup Guide](https://apastyle.apa.org/instructional-aids/student-paper-setup-guide.pdf).